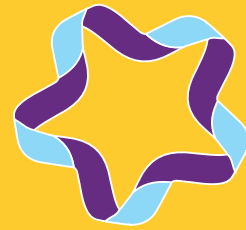


VIRTUAL FUNDRAISING IDEAS



Together
Against
Cancer



1. Virtual Run or Walk

Are you planning to take part in a 5K, 10K, half marathon or marathon? You could do this virtually. Running or walking around the garden. Don't forget to use your fitbit, steps counter or phone app so you know how far you have run or walked.



2. Virtual Cycle

Use an exercise bike or bike stand to cycle your desired distance (e.g. Lands End to John O'Groats is around 980 miles).



3. Movie Night

Get comfy for a night in and enjoy a movie with your family and friends. Suggest a donation in return for a virtual ticket for your movie and share your screen using 'Teleparty' so you are all watching the movie together. <https://www.teleparty.com/>



4. Teach a Skill

Why not organise a zoom to share something you know about, perhaps you are a keen gardener, a dab hand at clearing clutter, master cake maker or keen crafter. Invite people to sign up to your virtual class, if they need equipment or ingredients make sure you provide a list well in advance or create a kit to purchase.



5. Clear the Clutter

Why not have a clear out? We all have that cupboard, drawer, wardrobe, shed or garage which needs a good sort through. Clothes or shoes you haven't worn for ages. Look at each item - assess its joy factor by holding each item and asking yourself does this spark joy? If not, then put it in the pile to go! Sell your unwanted items on Vinted, Facebook Marketplace or eBay and donate the proceeds to Together Against Cancer.



6. Use Amazon Smile

Consumers are choosing to do more of the shopping online. Amazon is one of the biggest e-commerce sites in the world and have a program called Amazon Smile which donates 0.5% of eligible purchases to chosen charities of your choice. The donation is made at no extra cost to you. Please choose Together Against Cancer as your charity of choice when using Amazon Smile. www.smile.amazon.co.uk



7. Spare Change Challenge

Why not take on the Spare Change Challenge? Every penny counts. Empty those penny jars, look in the car, at the back of drawers, in old pockets and bags and dig down the back of the sofa. Why not ask your friends and colleagues to do the same and at the end of the month have one big count. Those coins will soon build up. Pennies change lives!

Whichever virtual fundraising event you choose, you can set up a Justgiving page [HERE](#) so people can sponsor you or donate to your fundraiser and if applicable gift aid any donation. For details of how to pay money to Together Against Cancer please download The Fundraising Guide [HERE](#)